



What Will Set You Free

Certified Coach

Jeanne Colasanti

Certified Freedom Coach | Mediator | Educator | Guide for Personal Transformation

Jeanne Colasanti has spent more than four decades helping people discover greater clarity, connection, confidence, and freedom.

As a Certified Freedom Coach, mediator, educator, and leadership facilitator, Jeanne brings a unique blend of professional expertise and compassionate presence. Her extensive experience includes family and business mediation, conflict resolution training, leadership development, classroom education, mentoring, and guiding individuals through times of transition and change.

Jeanne's gift is creating a safe and supportive space where people can explore what is holding them back, reconnect with their own wisdom, and move toward the life they desire. She listens deeply, asks meaningful questions, and helps clients uncover new perspectives and possibilities.

For more than 40 years, colleagues and clients have recognized Jeanne's ability to guide people through difficult conversations, relationship challenges, and personal growth with patience, curiosity, and compassion. Her mediation background has taught her the power of understanding multiple perspectives, while her lifelong commitment to personal development allows her to meet each person with acceptance and respect.

Jeanne believes transformation begins with awareness, self-compassion, and the courage to embrace change. As a Freedom Coach, she partners with clients to release limiting beliefs, discover their strengths, and create a life aligned with their deepest values.

Coaching with Jeanne means working with someone whose profession reflects her purpose: helping people experience greater freedom, authenticity, and joy.

- Freedom Coach, Cynthia James Enterprise, Inc.
- Doctorate, Adult-Child, Conflict Resolution University of Madison
- Mediation, Academy of Family Mediators and Win-Win Institute
- Licensed Facilitator for Stephen Covey Institute
- Master's in education, Arizona State University
- Bachelor of Science, University of Colorado

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