



What Will Set You Free

Certified Coach

Susanne E. Walker (Arizona)

What if the life you're longing for is already within you—just waiting to be reclaimed?

Susanne Walker is a transformational coach who specializes in helping women navigate life's pivotal transitions with clarity, courage, and compassion. Since 2006, she has supported clients in uncovering the blocks that cloud their radiance and in reconnecting to their authentic selves—physically, emotionally, and spiritually.

Her coaching philosophy is grounded in a core truth: you are not broken. You are whole. But life, trauma, and conditioning can obscure that truth. Susanne's integrative approach draws from her extensive training in holistic health, energy leadership, and trauma recovery, as well as her own personal journey of healing and sobriety spanning over 35 years.

She is certified in Holistic Health Counseling from the Institute for Integrative Nutrition, holds an ICF-accredited Life Coach certification from the Institute for Professional Excellence in Coaching (iPEC), and studied meditation and spiritual development at Oneness University in India. She is also a certified Freedom Coach through the What Will Set You Free methodology developed by Cynthia James.

Whether through one-on-one coaching, retreats, or group experiences, Susanne empowers her clients to live from the inside out—guided by purpose, grounded in resilience, and aligned with their highest good.

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