



*Cynthia James*  
ENTERPRISES

## **What Will Set You Free**

Certified Coach

### **Sandra “Sam” Trenka (Colorado)**

Sam is a gifted and talented coach, committed to supporting you in discovering, acknowledging and celebrating your own unique presence. Blending intuition and years of study she effectively works with clients to reveal, release and recreate; assisting clients to envision and craft a life by purposeful design.

Sam is trained in many philosophies, models, techniques and tools of human and spiritual development. She engages her clients on many levels – mental, emotional, physical and spiritual, calling forth the entire being in service to full expression. She is known as a trusted advisor and thrives on engaging creative thought and manifesting great outcomes.

Sam holds a Bachelor of Science in Psychology, a Master’s Degree in Education, a Juris Doctorate, and is a certified Co-Active Coach through the Coaches Training Institute, is a trained Robbins Research International Elite Coach and a *What Will Set You Free* Coach. She is also a licensed Religious Science Practitioner. Her career includes many years of leadership roles in corporations, several entrepreneurial endeavors and 10 years of coaching. Her passion and gift is coaching, her purpose is to serve and support you!

**Contact Sam:** [coach.sam@comcast.net](mailto:coach.sam@comcast.net)